



WORK EXCHANGE



The Work Exchange Program is an opportunity to experience PachaMama and become an integral part of the community through service. It allows the participants of the program to cover a substantial part of their expenses through work while still keeping transformation as their main focus.

The Work Exchange Program is continuously evolving; allowing people to melt into the ways of PachaMama and become a part of the tribe. The contribution of each person who is welcomed into the program is honored. Joining the work exchange program is a commitment to the community.

Work-exchangers in PachaMama enjoy a quality lifestyle with enough time for themselves as well as organic food and a good balance between work, meditation and personal growth. Aside from the practical duties, there are opportunities to go deeper into learning hands-on skills within the various branches of work, to enjoy the social intimacy of the work exchange circle, and be part of PachaMama through workshops, events and gatherings.

COMMITMENT:

- The minimum work commitment is one month, not including events or group participation (ie. 5-6 weeks)
- Work week consists of 25 working hours a week
- Attendance of community meditation (daily Silent Sittings) of four hours per week is expected
- Group participation in at least one group is a must
- Health insurance is required during your stay in PachaMama.

BENEFITS:

For all programs:

- Free camping spot in the work exchange camping area
- Free daily classes and activities (meditations, yoga, dance, etc.)
- Work-exchangers get meals at cost price in the organic, vegetarian restaurant. This comes to \$1 per 100 grams or an average price of \$4 – 5 per meal
- Access to a communal kitchen

For 1 - 2 months commitment:

- 50% discount on Casitas upon availability
- 50% discount on two workshops (besides Clarity Breathwork,

Yoga Teacher Training, and the Transformation Cycle*)

- 40% on the Body Cleanse group
- 15% discount on events and festivals

For 3 - 5 months commitment:

- 75% discount on Casitas upon availability
- 50% discount on two workshops (besides Clarity Breathwork, Yoga Teacher Training, and the Transformation Cycle*)
- 40% on the Body Cleanse group
- 15% discount on events and festivals

For 6 months and more commitment:

- Free Casita upon availability
- 50% discount on two workshops (besides Clarity Breathwork, Yoga Teacher Training, and the Transformation Cycle*)
- 40% on the Body Cleanse group
- 25% discount on events and festivals

** some discounts may apply for Clarity Breathwork, Yoga Teacher Training and Transformation Cycle - subject availability*

Work will be designated according to each one's interest, skills and community needs.